



SAILING INSTRUCTIONS

Open Dutch Sailing Championship 2019

September 20 – 22, 2019 on the IJsselmeer, off Medemblik

Open Dutch Championship for the following classes:

Laser Standard, Laser Standard U21 (born in 1999 or later), Laser Radial (Men and Women), Finn, Contender, 29er, 49er, 49erFX (open), Nacra15, F18, Dart18, J22, SB20, Yngling and Star.

Class event for:

Laser 4.7

Organizing authority

The Royal Netherlands Yachting Union in conjunction with RYC Hollandia and Sportivents

- [DP] denotes a rule for which the penalty is at the discretion of the Jury
[NP] denotes that a breach of this rule will not be grounds for a protest by a boat.
[SP] denotes a rule for which a standard penalty may be applied by the race committee or the protest committee without a hearing

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 [DP] The prescriptions of the Royal Netherlands Yachting Union (RNYU) will apply. See website: www.sailing.org/documents/racingrules/national_prescriptions.php
- 1.3 The 'Rules for Championships Sailing, Windsurfing and Kiteboarding' will apply.
- 1.4 Appendix P, Special Procedures for Rule 42, will apply.
- 1.5 [DP] No class rules will be changed under RRS 87.
Except only for SB20-class:
 - 5.1 Safety Equipment, see Attachment D of the SI.
 - The following rule will be changed in accordance with RRS 86(b) and 90.2(c) The Race Committee will use VHF radio for communication. Failure to make broadcasts or failure to hear the broadcast shall not constitute grounds for granting redress. This changes RRS 62.1
- 1.6 The sailing instructions will override the Notice of Race if the two conflict. This changes RRS 63.7.
- 1.7 [DP] Competitors and support persons shall comply with any reasonable request made by a race official.
- 1.8 Add RRS 64.4 to the list of rules in RRS 63.1.
- 1.9 If there is a conflict between languages the English text will take precedence.
- 1.10 [DP] Competitors shall wear personal flotation devices at all times while afloat, except briefly while adjusting clothing or personal equipment. Flag Y will not be displayed. This changes RRS 40.

2 NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located near the race office.

3 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2100 on the day before it will take effect.
- 3.2 Reassignment of classes to racing areas will be posted before 0900 on the day it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore for the 29er, 49er, 49erFX, Nacra15, Dart18 and F18 class will be displayed on a flag pole on the beach. For all other classes signals made ashore will be displayed at the main flag pole near the race office.
When a signal is displayed over a class flag it applies to that class only.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.

5 FORMAT OF RACING

- 5.1 For all classes the regatta consist of a single series.
- 5.2 The following classes will race together in one fleet:
- Laser Radial class: Laser Radial Men, Laser Radial Women and Laser Radial Masters
 - Laser Standard class: Laser Standard U21, Laser Standard and Laser Standard Masters
 - Finn class: Finn and Finn Masters
- 5.3 The following classes will start together:
- 49er and 49erFX class

6 SCHEDULE OF RACES AND EVENTS

- 6.1 See Attachment B for the Race Schedule.
- 6.2 Registration will be closed for each class, one hour before the scheduled time of the first race.
- 6.3 To alert boats that a race or sequence of races will begin soon, the orange line starting flag will be displayed on the race committee signal vessel with one sound at least five minutes before a warning signal is made.
- 6.4 On the last day of the regatta no warning signal will be made after 1600.

7 CLASS FLAGS

Class	Flag
Finn	White with class insignia
Laser Standard	White with class insignia
Laser Radial	Light blue with class insignia
Laser 4.7	Code flag 'T'
SB20	White with class insignia
Yngling	White with class insignia
J22	Code flag 'J'
Star	White with class insignia
Contender	Code flag 'G'
F18	Code flag 'F'
Dart18	Code flag 'E'
29er	Blue flag
49er & 49erFX	Red flag
Nacra15	White flag

8 RACING AREAS

- 8.1 Attachment A shows the location of the racing areas.
- 8.2 Classes are assigned to the racing areas as shown in Attachment B.

9 THE COURSES

- 9.1 The diagrams in Attachment C show the courses, including the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left. The length of the course will be set to meet a target time as mentioned in SI 15 for the first boat of each fleet to finish.

- 9.2 No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg. Except for the 29er, 49er, 49erFX and Nacra15 class.

10 MARKS

- 10.1 Marks are not numbered and will be as follows:

Course Area	Marks
Orange (Laser, Radial, 4.7 and Finn)	Mark 1, 2, 3s/3p, 5: Orange Cylindrical Mark 4s/4p: Green Cylindrical
Red (Contender, Dart18 and F18)	Mark 1 and 2: White Cylindrical Marks 3 and 4: Orange Cylindrical
Green (J22, SB20, Soling and Yngling)	Mark 1 (Yngling): Yellow Cylindrical Mark 2 (J22, SB20 and Soling): Green Cylindrical Mark 4s/4p: Green Cylindrical
Yellow (29er, 49er, FX and Nacra15)	Mark 1: Orange Cylindrical Mark 2: Blue Cylindrical Mark 2a: Yellow pin Mark 4s/4p: Green Cylindrical

- 10.2 The starting and finishing marks will be:

Starboard-end starting mark:	A staff displaying an Orange Flag on the Race Committee Vessel
Port-end starting mark:	A dan buoy or- if the race committee so decides - a race committee vessel, with a staff displaying an Orange Flag. At the yellow course a yellow dan buoy
Finish marks:	See description in Attachment C.

- 10.3 A race committee vessel signalling a change of a leg of the course is a mark as provided in SI 12.2.

11 THE START

- 11.1 The starting line will be between the staffs displaying orange flags on the starting marks.
11.2 [DP][NP] Boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 50 meters from the starting line in all directions.
11.3 A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
12.1 Except at a gate, boats shall pass between the race committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.1.

13 THE FINISH

- 13.1 Except for the yellow course, the finishing line will be between the staffs displaying orange flags on the finishing marks.
13.2 On the yellow course, the finishing line will be between a black checkered mark at the port end and the staff displaying a black and white checkered flag on the race committee signal vessel at the starboard end.

14 PENALTY SYSTEM

For the 49er, 49erFX, 29er, Nacra15, F18, Dart18, Yngling, SB20, Star and J22 classes only, the Two-Turns Penalty as described in RRS 44.1 and RRS Appendix P2 is replaced by the One-Turn Penalty (including one tack and one gybe).

15 [NP] TIME LIMITS AND TARGET TIMES

15.1 Time limits and target times are as follows:

Class	Mark 1 Time limit	Time limit	Target time
29er, 49er, 49erFX, Nacra15	15 min.	50 min.	30 min.
Finn, Laser Standard, Laser Radial, Laser 4.7, Contender, Yngling, Dart18 and F18	20 min.	60 min.	45 min.
SB20, J22. Star	20 min.	75 min.	50 min.

If no boat has passed Mark 1 within the Mark 1 Time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

- 15.2 Boats in all classes, except classes mentioned in instruction 15.3, failing to finish within 20 minutes after the first boat of her fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- 15.3 Boats in 29er, 49er, 49erFX and Nacra15 failing to finish within 15 minutes after the first boat of her fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the race office at the Regatta Center Medemblik. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 For each fleet the protest time limit is 60 minutes after the last boat has finished the last race of the day or after instruction 15.2 has been applied to that race or the race committee signals no more racing today, whichever is later.
- 16.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 16.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 16.5 Breaches of instructions marked with [NP] will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 16.7 On the last scheduled day of racing a request for redress from a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 16.8 A list of boats that have been penalized under Appendix P for breakings RRS 42 will be posted.

17 SCORING

- 17.1 Four (4) races are required to be completed to constitute a series.
- 17.2 a) When fewer than five (5) races have been completed, boat's series score will be the total of her races scores.
- b) When five (5) to ten (10) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- c) When eleven (11) or more races have been completed, a boat's series score will be the total of here race scores excluding her two worst scores.

- 17.3 A request for correction of an error in the published results has to be delivered within the protest time limit of the last scheduled day of racing or within 60 minutes after posting of the results, if this is later. When the request is not granted, the protest time limit is 60 minutes after the boat is informed that the request is not granted. This changes RRS 62.2.

18 [DP][NP] SAFETY REGULATIONS

- 18.1 A boat that retires from a race shall notify the race committee as soon as possible.
18.2 Boats not leaving the harbor for a day's race shall inform the race committee prior to the warning signal.
18.3 If any of the race signals 'AP over A' or 'AP over H' or 'N over A' or 'N over H' is made on a race committee vessel, all boats assigned to that racing area shall return to the harbor immediately.
18.4 For Nacra 15 only: When the Race Committee shows Flag Y on the Race Committee vessel, the use of a helmet (EN1385 standard) is mandatory.

19 [DP] REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of competitors will not be allowed without prior written approval of the race committee. Replacement of the responsible person is not allowed.
19.2 [SP] Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the race committee at the first reasonable opportunity.

20 [DP] [NP] EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and SI. On the water, a boat can be instructed by a member of the race committee or technical committee to proceed immediately to a designated area for inspection.

21 [DP] [NP] EVENT ADVERTISING

Boats may be required to display sponsor advertising for the duration of the event in accordance with World Sailing Regulation 20. These items will be supplied free of charge by the Organizing Authority.

22 [NP] OFFICIAL BOATS

Official boats will fly event flags or a flag with 'RC'.

23 [DP][NP] SUPPORT BOATS

- 23.1 Except at the request of the race committee, team leaders, coaches and other support persons shall stay at least 100 meters outside areas where boats are racing from the time of the preparatory signal for the first fleet to start until boats have finished or the race committee signals postponement, general recall or abandonment.
23.2 The penalty failing to comply with this requirement will be the disqualification of or, at the discretion of the protest committee, other disciplinary actions against all boats associated with the support persons who do so.
23.3 All support boats shall register at the race office.
23.4 Support boats shall be marked with the applicable National Sail Letters (see RRS G1.1) clearly displayed on both sides of the boat in strongly contrasting colours or conspicuously display the flag of the country they represent at all times while afloat. Minimum height of the letters shall be 200 mm.

24 [DP][NP] TRASH DISPOSAL

Trash may be placed aboard support and race committee boats.

25 [DP] BERTHING

Boats shall be kept in their assigned places in the boat park or harbor.

26 [DP] HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

27 [DP] DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

28 [DP] RADIO COMMUNICATION

28.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

28.2 For the SB20 class only: Race information will be given on VHF channel 72.

28.3 Boats may use their smartphones or other tracking devices to track their races with the I-sail app. Other voice or data communication is not allowed.

29 PRIZES

29.1 Helmsman and crew of the winning boat of the open Dutch championship acquire the title 'Dutch Champion' and receive the accompanying medal(s) of the RNYU. The responsible person of the winning boat acquires the Blue Pennant of the RNYU.

Helmsman and crew of the second and third ranked boat in the championship acquire also medal(s) of the RNYU.

29.2 Helmsman and crew of the winning boat of the class championship acquire the title 'Class Champion'. The responsible person of the winning boat acquires the Red Pennant of the RNYU. Helmsman and crew of the first, second and third ranked boat in the championship acquire also medal(s).

29.3 For the Class events the prizes are as follows:

Prizes will be given to every member of the crew of the first, second and third ranked boat in the championship.

30 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

31 [DP] [NP] INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of EURO 1,500,000 per event or the equivalent.

32 RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.



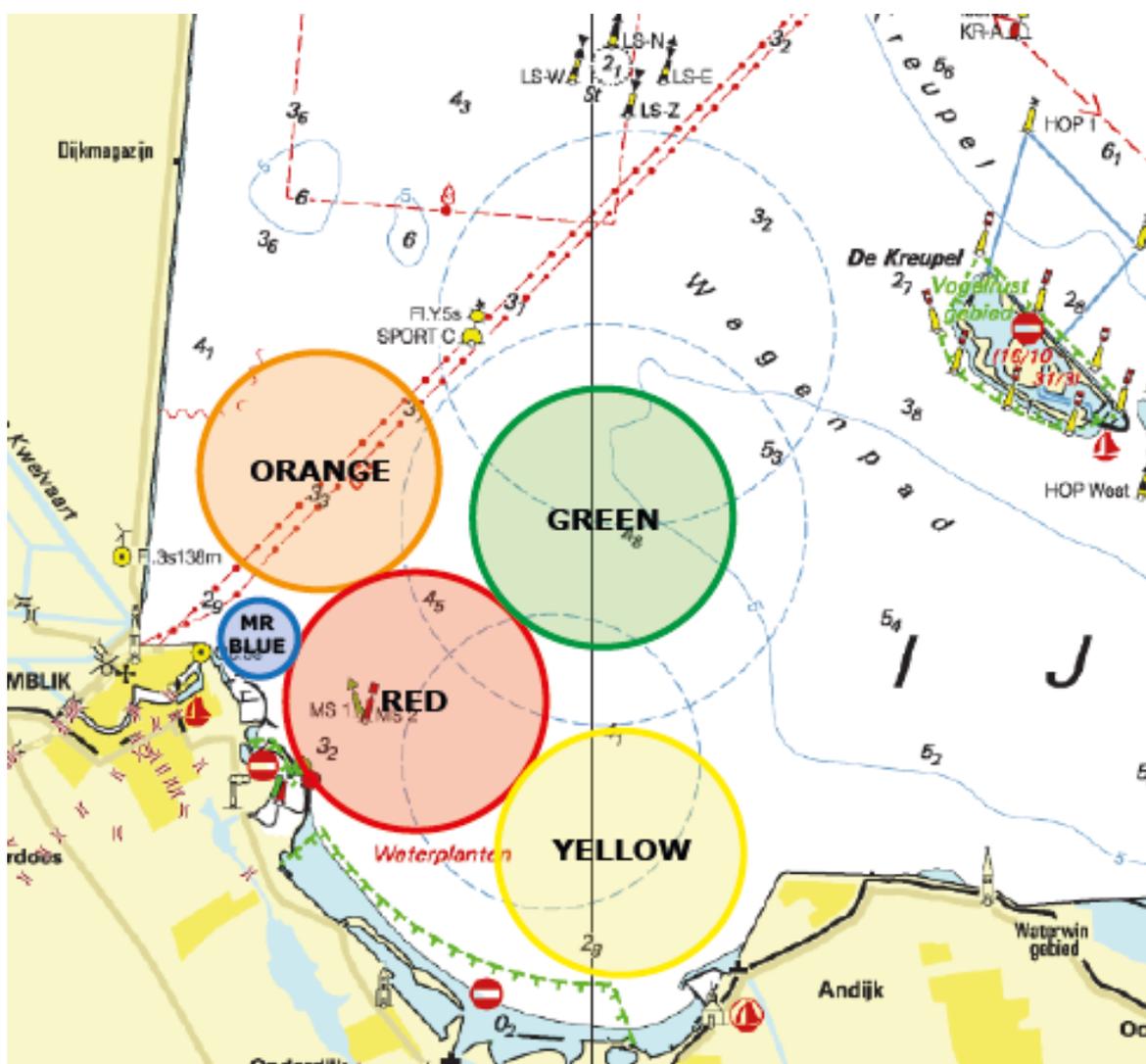
34 OFFICIALS

Principal Race Officer:	Frans Hin
Race Officer Orange Course:	Arie-Jan Snel
Race Officer Red Course:	John Borsboom
Race Officer Green Course:	Joost Brouwer
Race Officer Yellow Course:	Alex Hoeve
Chairman of the protest committee:	Leo Pieter Stoel
Chairman of the technical committee:	Michiel Woort

ATTACHMENT A

Locations of Course Areas

Course Area	Approximate distance (NM)	Approximate course
Blue – (Match races)	0.1	10°
Orange	1.1	15°
Red	0.8	85°
Green	1.9	75°
Yellow	1.9	110°



ATTACHMENT B
Race Schedule
FRIDAY

Course Orange HOLLANDIA Arie-Jan Snel Laser / Laser R / Laser 4.7 / Finn				Course Green SPORTIVENTS Joost Brouwer J22 / SB20 / Yngling /Star				Course Yellow SAILSERVICE Alex Hoeve 49er(FX) / 29er / Nacra15				Course Red HOLLANDIA John Borsboom Contender / Dart18				Course Blue DMTRA Match racing	
11:30	Finn	R1	OLU												10:30	First flight	
	Laser	R1	OLU					12:00	49er&FX	R1	LRA2					Continues	
	Laser R	R1	ILU						Nacra15	R1	LRA2					Racing	
	Laser 4.7	R1	ILU	13:00	Star	R1	L2		29er	R1	LR2	13:00	Dart18	R1	OL		
asap	Finn	R2&R3	OLU		SB20	R1	L2						Contender	R1	IL		
asap	Laser	R2&R3	OLU		Yngling	R1	L2	asap	49er&FX	R2-R5	LRA2	asap	Dart18	R2&R3	OL		
asap	Laser R	R2&R3	ILU	asap	J22	R1	L2						Contender	R2&R3	IL		
asap	Laser 4.7	R2&R3	ILU		Star	R2&R3	L2	asap	Nacra15	R2-R5	LRA2						
					SB20	R2&R3	L2	asap	29er	R2-R5	LR2						
					Yngling	R2&R3	L2										
					J22	R2&R3	L2										

Note: All times are time of Warning Signal

OL=OUTERLOOP

OLU=OUTERLOOP UPWIND FINISH

IL=INNERLOOP

ILU=INNERLOOP UPWIND FINISH

L=UPWIND-DOWNWIND

LR=UPWIND-DOWNWIND REACH FINISH

LA=UPWIND(SPREADER)-DOWNWIND

SATURDAY

Course Orange HOLLANDIA Arie-Jan Snel Laser / Laser R / Laser 4.7 / Finn				Course Green SPORTIVENTS Joost Brouwer J22 / SB20 / Yngling / Star				Course Yellow SAILSERVICE Alex Hoeve 49er(FX) / 29er / Nacra15				Course Red HOLLANDIA John Borsboom Contender / F18 / Dart18				Course Blue DMTRA Match racing				
10:30	Finn	R4	OLU	11:00	Star	R4	L2	10:30	49er&FX	R6	LRA2	11:00	Dart18	R4	IL	09:30	First Flight			
	Laser	R4	OLU		SB20	R4	L2		Nacra15	R6	LRA2			Contender	R4		OL		Continues	
	Laser R	R4	ILU		Yngling	R4	L2		29er	R6	LR2								Racing	
	Laser 4.7	R4	ILU		J22	R4	L2						12:00	F18	R1		OL			
asap	Finn	R5&R6	OLU		asap	Star	R5&R6	L2	asap	49er&FX	R7-R10		LRA2		Contender		R5&R6	IL		
asap	Laser	R5&R6	OLU			SB20	R5&R6	L2	asap	Nacra15	R7-R10		LRA2		Dart18		R5-R8	OL		
asap	Laser R	R5&R6	ILU			Yngling	R5&R6	L2	asap	29er	R7-R10		LR2							
asap	Laser 4.7	R5&R6	ILU			J22	R5&R6	L2						asap	F18		R2-R4	OL		

Note: All times are time of Warning Signal

OL=OUTERLOOP

IL=INNERLOOP

L=UPWIND-DOWNWIND

LA=UPWIND(SPREADER)-DOWNWIND

OLU=OUTERLOOP UPWIND FINISH

ILU=INNERLOOP UPWIND FINISH

LR=UPWIND-DOWNWIND REACH FINISH

SUNDAY

Course Orange HOLLANDIA Arie-Jan Snel Laser / Laser R / Laser 4.7 / Finn	Course Green SPORTIVENTS Joost Brouwer J22 / SB20 / Yngling / Star	Course Yellow SAILSERVICE Alex Hoeve 49er(FX) / 29er / Nacra15	Course Red HOLLANDIA John Borsboom Contender / F18 / Dart18	Course Blue DMTRA Match racing
10:30 Finn R7 OLU Laser Standard R7 OLU Laser Radial R7 ILU Laser 4.7 R7 ILU	10:00 Star R7 L2 SB20 R7 L2 Yngling R7 L2 J22 R7 L2	10:30 49er&FX R11 LRA2 Nacra15 R11 LRA2 29er R11 LR2	10:00 F18 R5 OL Dart18 R9 OL Contender R7 IL asap F18 R6-R8 OL asap Dart18 R10-R14 OL	09:30 First Flight Continues Racing
asap Finn R8 OLU	asap Star R8&R9 L2 SB20 R8&R9 L2 Yngling R8&R9 L2	asap 49er&FX R12-R15 LRA2	asap Contender R8&R9 IL	
asap Laser Standard R8 OLU	J22 R8&R9 L2	asap Nacra15 R12-R15 LRA2		
asap Laser Radial R8 ILU		asap 29er R12-R15 LR2		
asap Laser 4.7 R8 ILU				

Note: All times are time of Warning Signal

OL=OUTERLOOP

OLU=OUTERLOOP UPWIND FINISH

IL=INNERLOOP

ILU=INNERLOOP UPWIND FINISH

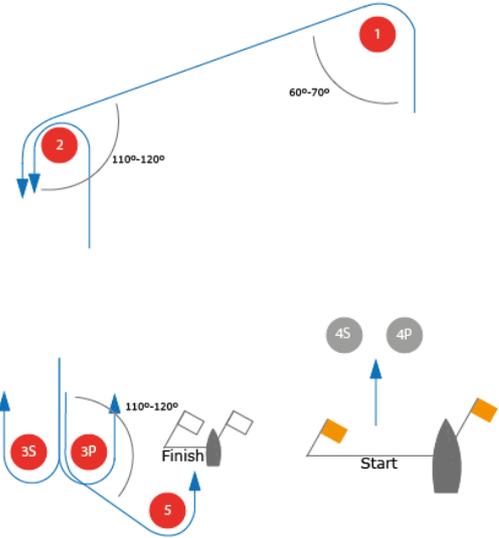
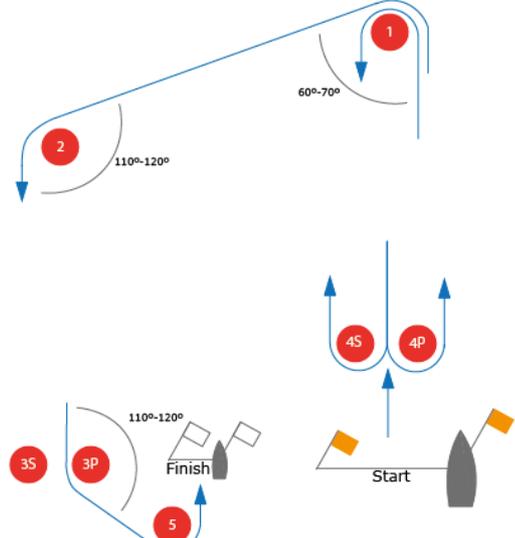
L=UPWIND-DOWNWIND

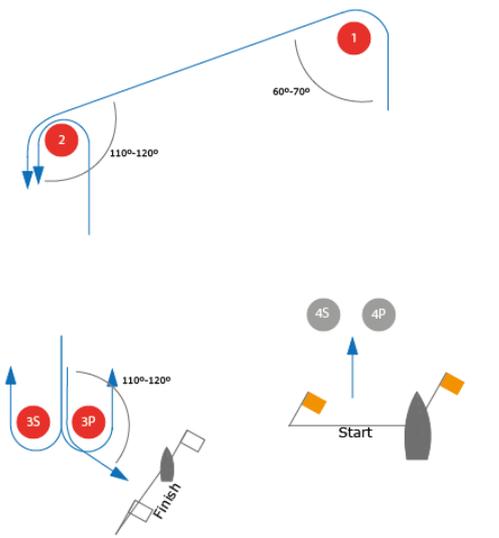
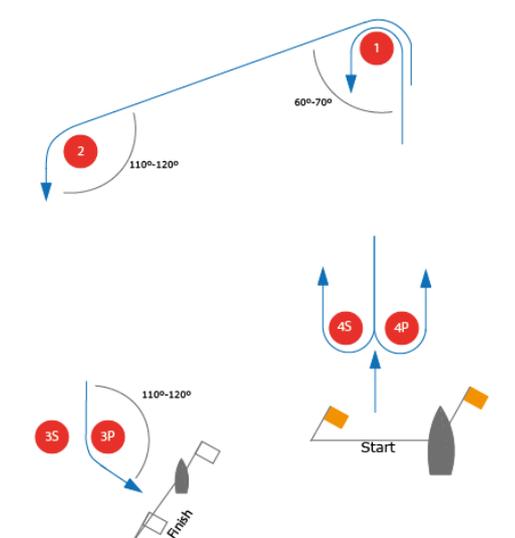
LR=UPWIND-DOWNWIND REACH FINISH

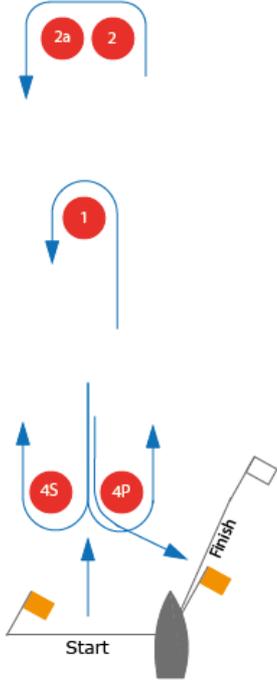
LA=UPWIND(SPREADER)-DOWNWIND

ATTACHMENT C

Courses

OLU – Outer loop Upwind Finish	ILU – Inner loop Upwind Finish
	
<p>Start – 1 – 2 – 3S/3P – 2 – 3S/3P – 5 - Finish</p>	<p>Start – 1 – 4S/4P – 1 – 2 – 3P – 5 - Finish</p>
<p>Finishing Marks: A race committee vessel at the starboard-end and a dan buoy at the port-end</p>	

O – Outer loop	I – Inner loop
	
<p>Start – 1 – 2 – 3S/3P – 2 – 3P - Finish</p>	<p>Start – 1 – 4S/4P – 1 – 2 – 3P - Finish</p>
<p>Finish Marks: A race committee vessel at the port-end and a dan buoy at the starboard-end</p>	

L/LA – Upwind/Downwind	LR/LRa – Upwind/Downwind, reach finish
	
	
<p>L2: Start – 1 or 2 – 4S/4P – 1 or 2 – Finish L3: Start – 1 or 2- 4S/4P – 1 or 2 – 4S/4P – 1 – Finish</p>	<p>LR: Start – 1- 4S/4P – 1 – 4P – Finish</p>
<p>LA2: Start – 1 – 1a – 4S/4P – 1 – 1a – Finish LA3: Start – 1 – 1a – 4S/4P – 1 – 1a – 4S/4P – 1 – 1a – Finish</p>	<p>LRA: Start – 2 – 2a – 4S/4P – 2 – 2a – 4P – Finish</p>
<p>Finish Marks: A dan bouy with a blue flag on the starboard-end and orange flag on the race committee vessel at the port-end/</p>	<p>Finish Marks: A Black Checkered Mark at the port-end and a dan bouy at the starboard-end</p>
<p>There will be a notice on the official notice board which class use mark 1 and 2 when sailing L or LA.</p>	



ATTACHMENT D

Safety Equipment

The present attachment D deletes entirely the SB20 Class Rule article C.5.1 (Mandatory Equipment) and replaces this deleted article with the Safety Equipment listed below.

The following safety equipment shall be carried at all times:

- a. 2 paddles of combined minimum weight not less than 1 kg.
- b. First aid kit in waterproof container
- c. A floating tow line of minimum diameter 8mm and minimum length 25m. Aramid fibre lines or lines of other material with minimal stretch may not be used
- d. Bucket and minimum 2m lanyard
- e. Sharp knife located in cockpit
- f. Basic tools (Leatherman or similar multi-tool is accepted as meeting this requirement)